

Understanding Suicide



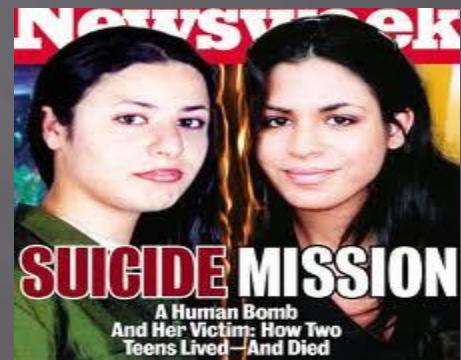
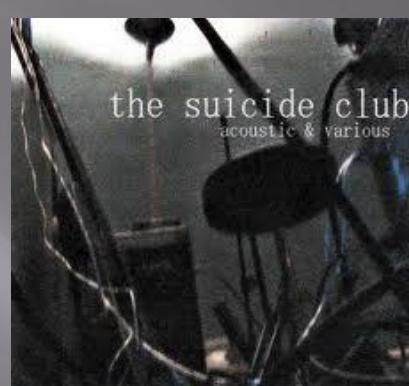
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<http://www.eduinitives.com>

Its many faces



Understanding Suicide

- ❑ Suicide is a permanent solution
 - ❑ to a temporary problem

Understanding Suicide

Top 15 Causes of Death in the U.S.
(2007)

Rank	Ages 1–85+	Rank	Ages 1–85+	Rank	Ages 1–85+
1	Heart Disease 615,616	6	Alzheimer's Disease 74,629	11	Septicemia 34,543
2	Malignant Neoplasms 562,795	7	Diabetes Mellitus 71,373	12	Liver Disease 29,158
3	Cerebrovascular 135,814	8	Influenza and Pneumonia 52,492	13	Hypertension 23,963
4	Chronic Lower Respiratory Disease 127,875	9	Nephritis 46,304	14	Parkinson's Disease 20,056
5	Unintentional Injury 122,387	10	Suicide 34,592	15	Homicide 17,984

Data courtesy of CDC

Understanding Suicide

Suicide killing oneself

A completed suicide

A suicide attempt

A suicide gesture

A suicide gamble

A suicide equivalent

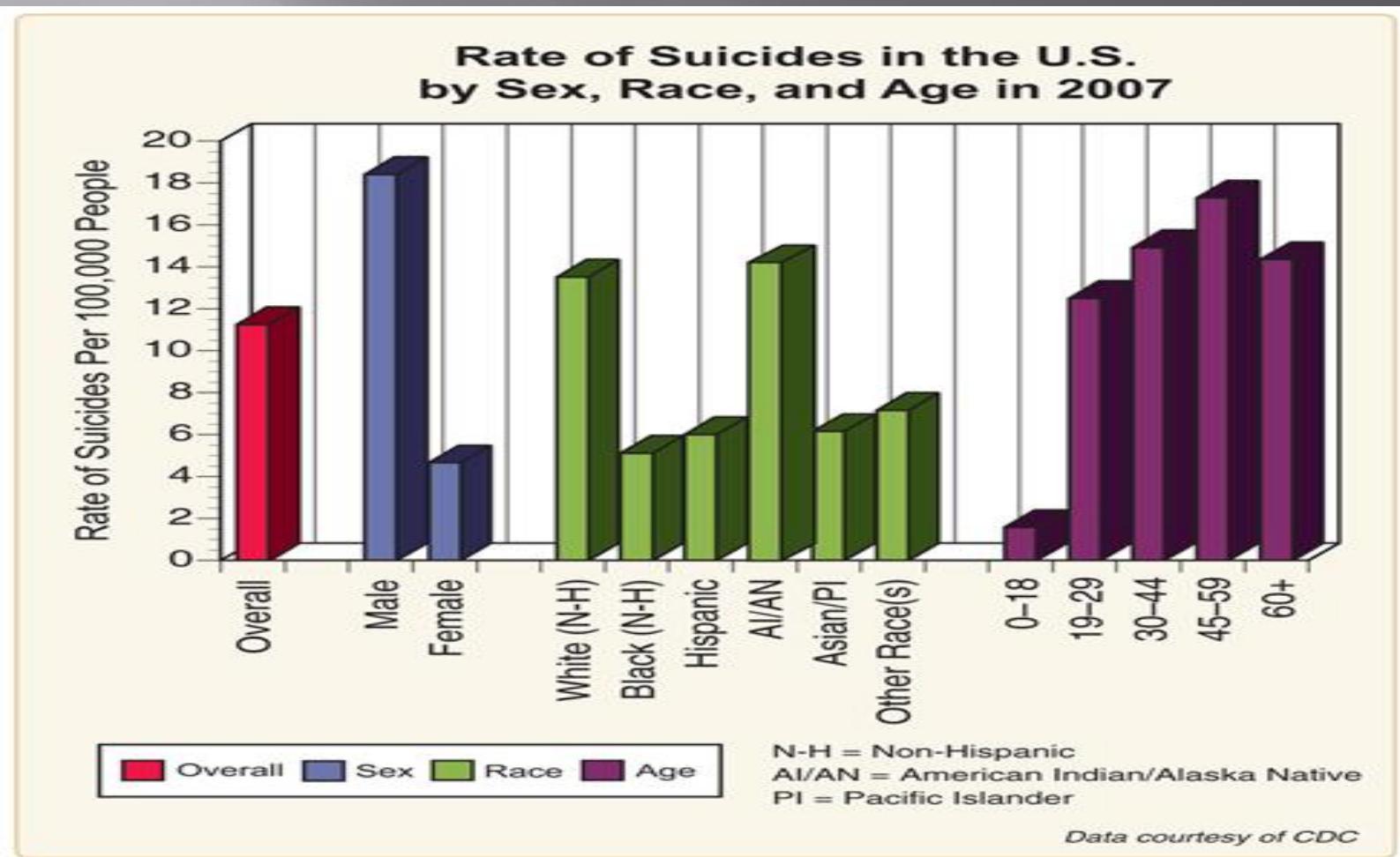


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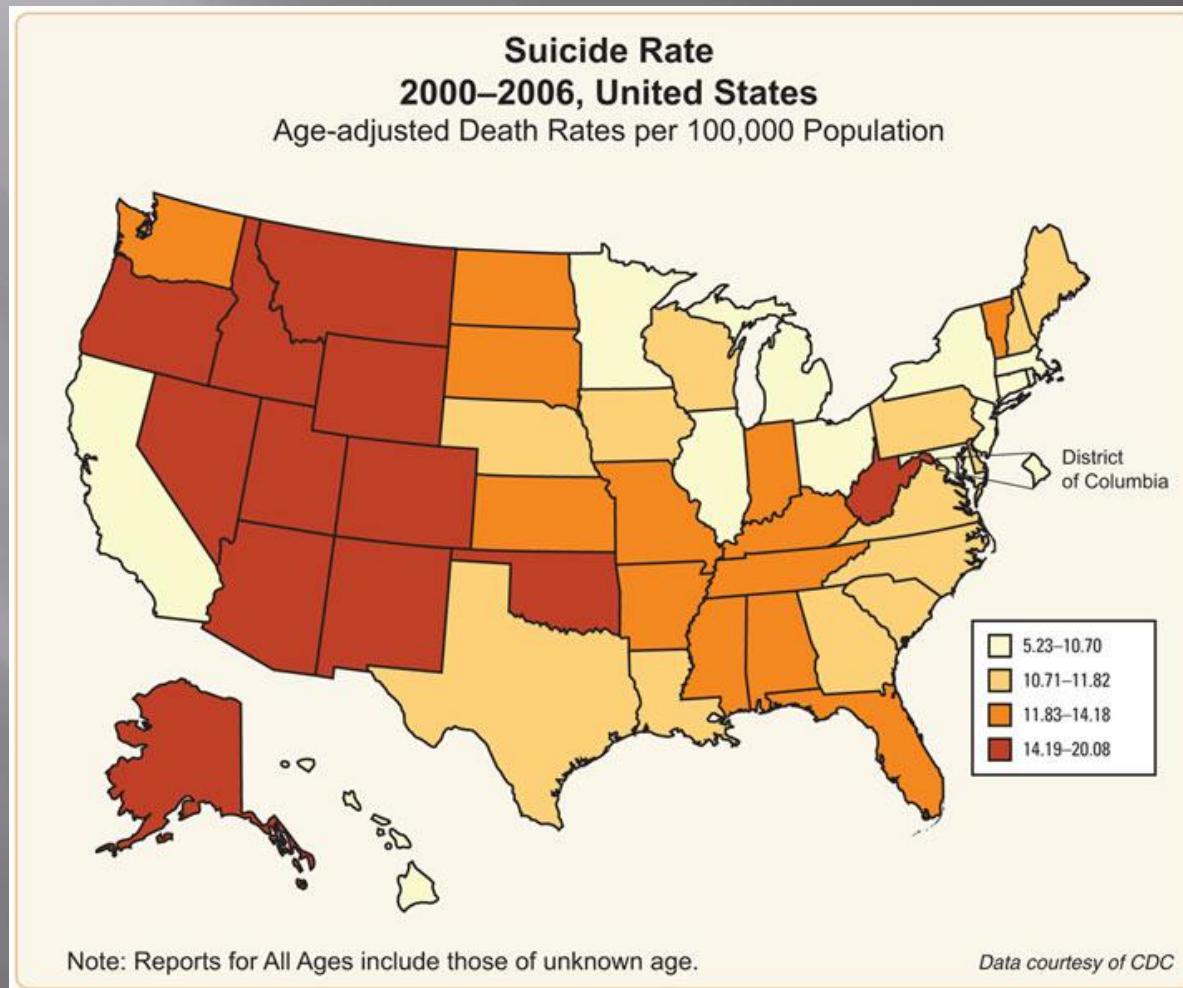
Epidemiologic Relationships

- Sex
- Age
- Culture/Nation
- Location Rural/Urban
- Religion
- Profession
- Race
- Family History
- Season
- Economy
- Medical/Biologic
- Altitude
- Criminal-justice system
- Doctor visit

Understanding Suicide



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- ❑ Mental Illness

- ❑
- ❑
- ❑
- ❑
- ❑
- ❑
- ❑
- ❑

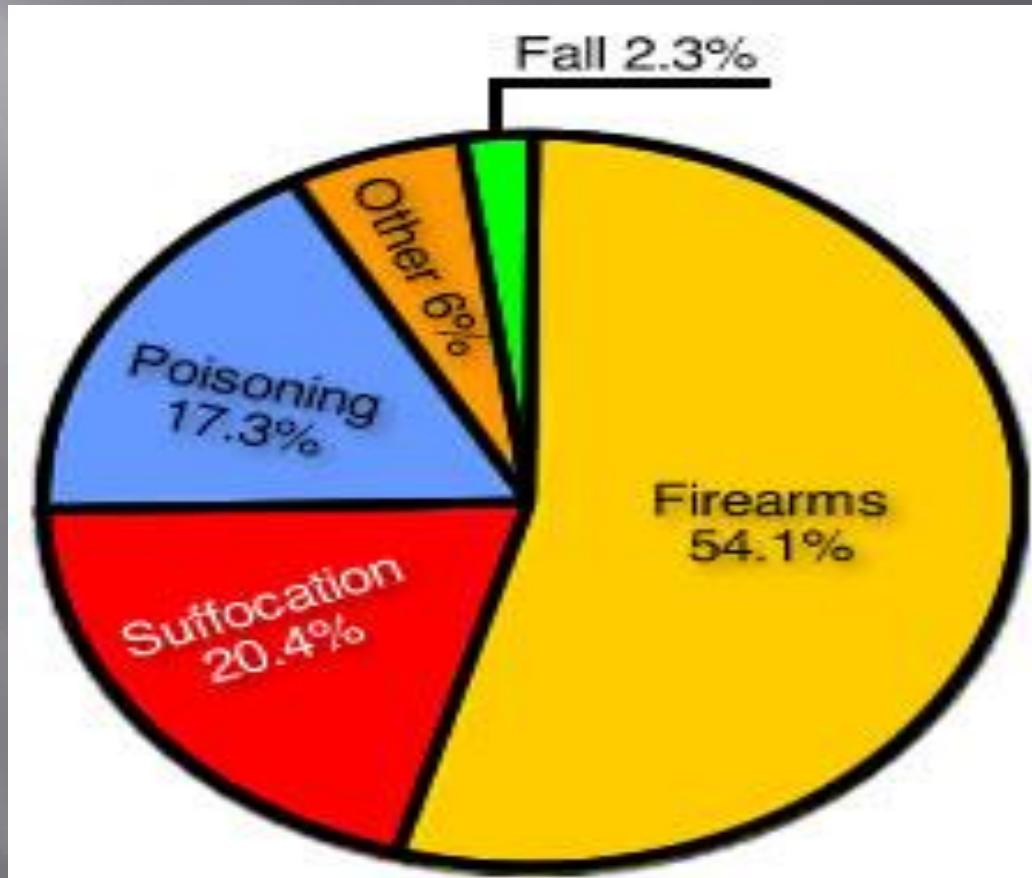
Depression
Bipolar
Schizophrenia
Anxiety Disorder
PTSD
Alzheimer's
Eating Disorders

Understanding Suicide

Altered Mental Status

- Head Trauma
- Alcohol
- Hallucinogens
- Pain
- Stress
- Medications
- Sleeplessness

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http://pathwayscourses.samhsa.gov/suicide/suicide_4_pg9.htm
accessed 6/22/11

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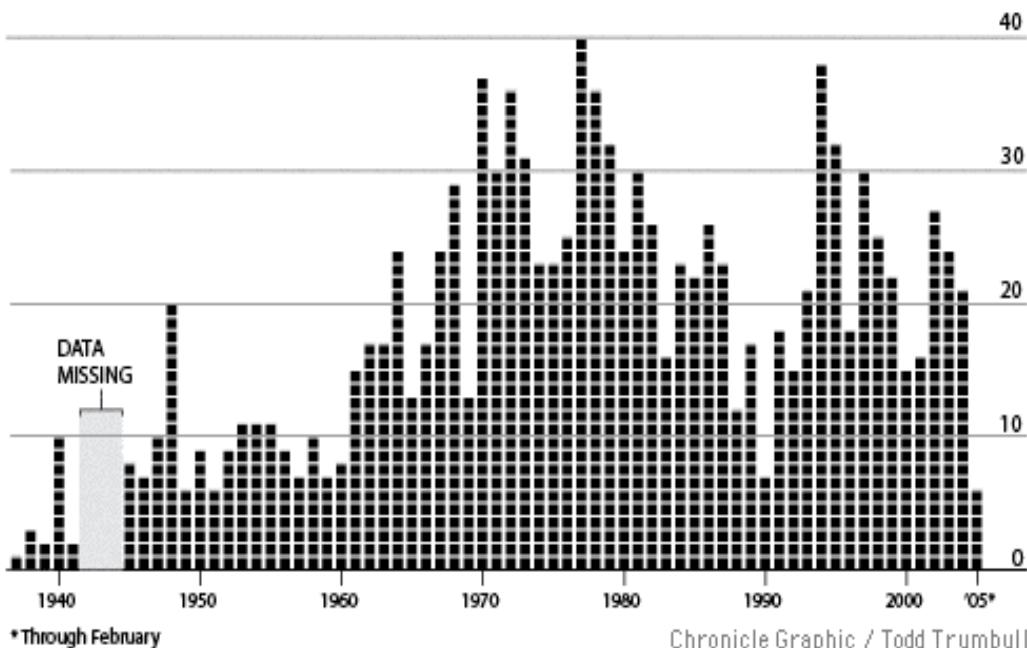
Immediate Situation

- Loss
- Helplessness
- Hopelessness
- Anomie
- Narcissistic Insult
- Guns
- Incarceration
- Ambivalence
- Your 'Gut' feeling
- Media
- Contagion
- Overwhelming decision
- Bullying

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SUICIDES BY YEAR

This data is based on The Chronicle's review of Golden Gate Bridge, Highway and Transportation District records.



<http://www.nimh.nih.gov/images/logos/suicide-prevention-lifeline-logo-thumbnail.jpg> accessed 6/22/11

Understanding Suicide

IV Intervention

- A. Immediately
- B. Be with the patient at all times-do not leave the person alone
- C. Multiple simultaneous methods - danger of assume
- D. Search of the person
- E. Definite, defined follow-up
- F. Involvement of significant others
- G. Homicide

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Post-vention

- A. Meet with family
- B. Listen
- C. Express your concerns
- D. Concern for yourself